Phase 11 CensusAtSchool Questionnaire

About You

1. Please state the XY coordinates of your school, eg 716020, 734837.

2. Are you?
   - Female
   - Male

3. Please state your age in completed years and the month you were born.

4. a) Which hand do you write with?
   - Left
   - Right
   - Either

   b) When going up steps which foot would you place on the first step?
   - Left
   - Right
   - Either

5. Which one of the following would you rather have?
   - Agility (Nimbleness)
   - Endurance (Stamina)
   - Speed
   - Skill
   - Strength

6. What is your:
   - Height .........cm
   - Length of right foot .........cm
   - Vertical reach .........cm
   - Open arm span .........cm
   - Open hand span of the hand you write with? .........cm

7. What is your resting pulse rate?

8. a) What time did you go to bed:
   - Last night
   - Last Saturday night

   b) Where did you keep your mobile phone last night when you were asleep?
   - Under your pillow
   - In your bedroom
   - In another room
   - Other (please state) ..............

9. What time did you get out of bed this morning?

10. a) On a school day do you eat breakfast?
    - Yes
    - No

    b) Please state what you had for breakfast this morning.
    - Fruit
    - Cereal
    - Cooked breakfast
    - Toast
    - Sweets/chocolate
    - Cake
    - Other (please specify) ...................

11. a) How many portions of fruit and veg did you eat yesterday?
    - See Just Eat More Guide.

   b) Were you at school yesterday?
    - Yes
    - No

12. Will you compete in your school's sports' day?
    - Yes
    - No

    a) Have you been involved in competitive sport in the last year? This can be a club activity.
    - a) In school
    - b) Out of school
    - Yes
    - No

13. a) How much sport or exercise did you do in school last week (or the last week you were at school)?
    - hours

   b) How much sport or exercise did you do out of school last week (or the last week you were at school)?
    - Hours

14. What sporting activities have you taken part in during the last year? This can be a club activity.

15. a) Have you been involved in competitive sport in the last year?
    - a) Swim 25 m?
    - b) Ride a bike?
    - Yes
    - No

16. Can you:
    - a) Swim 25 m?
    - b) Ride a bike?
    - Yes
    - No

17. Name a famous Olympian and state the event he/she competed in.

18. Are you going to an event at the:
    - a) 2012 Olympics
    - b) 2012 Paralympics
    - Yes
    - No

19. a) What month in 2012 does the torch relay start?
    - b) Will you go to see the Torch Relay?
    - Yes
    - No

20. In the last week approximately how much time did you spend, to the nearest hour, playing motion-controlled games? (Wii, Xbox, PS3.)

21. How many gold, silver and bronze medals do you think Ireland will win at London 2012?

22. There is a reaction time game to complete.

This resource is from www.censusatschool.ie