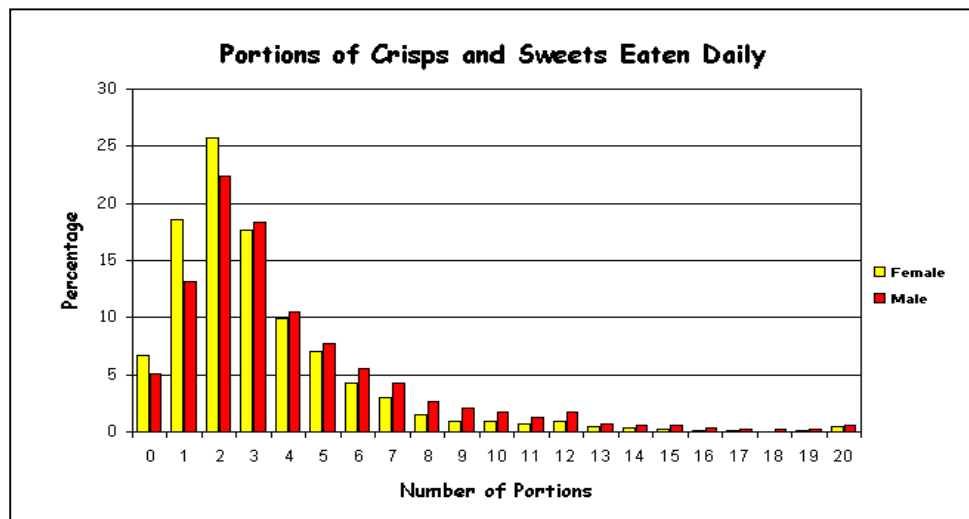
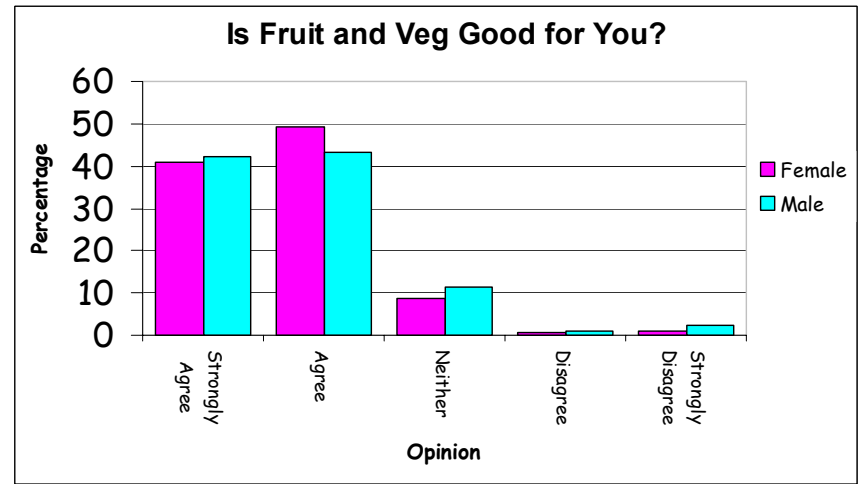
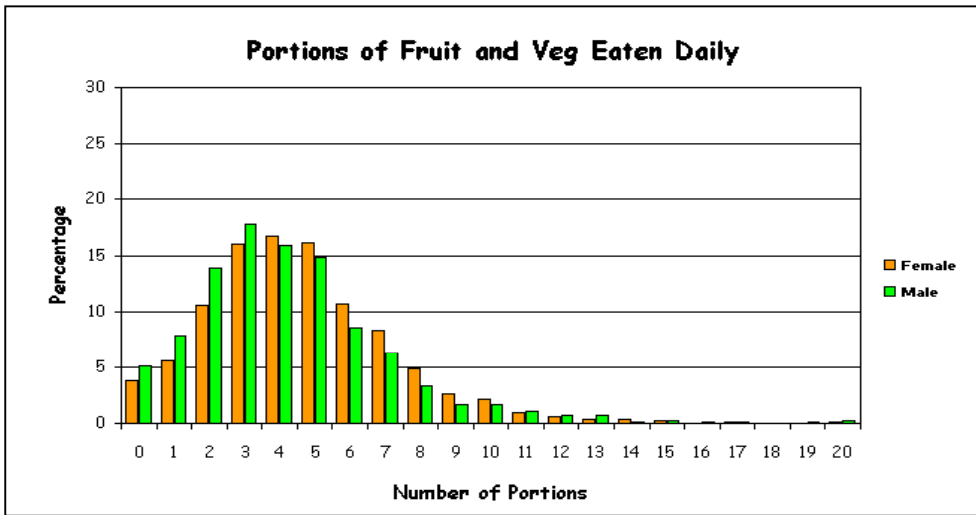


Healthy Eating

In phase 3 of the CensusAtSchool Project pupils were asked about their regular eating habits, and opinion on fruit and veg. The following 3 graphs show you the responses of over 6000 boys and girls. To view the phase 3 questionnaire click <http://www.censusatschool.ntu.ac.uk/phase3docs.asp>



What do these graphs tell you about current eating habits? Are there differences between boys and girls? Do you think that if someone agrees that fruit and veg is good for you, that they will eat a lot of them?
 Recently the Department of Health have been promoting the consumption of fruit and veg, click www.doh.gov.uk/fiveaday. Follow the link and find out about healthy eating.

