Teacher Notes on the Questions Phase 3

Preliminary Work
It should be possible for all pupils to complete this questionnaire in class following some preliminary preparation.

For question 1 we are only asking for the first part of the postcode so that we can sort by region.

For question 4 a number of measurements are needed

HEIGHT to the nearest centimetre. A tape measure or metre rule could be fixed to the classroom wall to facilitate this.
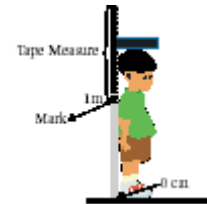
FOOT LENGTH to the nearest half centimetre. We would prefer bare feet. A piece of A4 half centimetre squared paper is an easy way to measure foot length.

HANDSPAN to the nearest half centimetre. Ask pupils to stretch their hands out across a piece of A4 half centimetre=squared paper with a scale marked onto it.

WRIST to the nearest millimetre. Measure as accurately as possible using a tape measure or a thin strip of paper cut from A4 half centimetre squared paper
NB the units used here are **millimetres**

For question 5 it is necessary to measure pulse rate. This can be found in the wrist or neck and pupils can be arranged in pairs to take each other's pulse rate. To try to help eliminate incorrect data caused by taking a rate for 15 or 30 seconds and having to multiply up the answer we are asking both for the number of beats and the time these beats occurred in so 68 beats in 60 seconds or 42 beats in 30 seconds etc.

Codings
Q8   Its good for me = G   It's fun = F   It's hard to do = H   I hate it = X
Q11   Agree strongly = AS Agree = A   Neither = N Disagree = D DisagreeStrongly = DS
Q12   Never – N   Sometimes – S   Frequently – F   Always – A
Q14   Relative – R   Actor / Celebrity – A   Sportsperson – S   Coach or club leader – C
Business person – B   Religious worker – W   Politician – P Teacher – T   Doctor = D

Interpreting questions
The questions were designed to be simple and unambiguous, but it is possible some pupils may have some queries about them.

Question 4
 HEIGHT   Measure to the nearest centimetre without shoes on.

FOOT LENGTH   Measure to the nearest half centimetre without shoes on. (19cm or
                                   23.5cm)

HANDSPAN   Open your hands as wide as you can. The distance between your thumb and your little finger is called a span. Measure to the nearest half centimetre.

WRIST   Measure to the nearest **millimetre**

Question 5   Give the number of beats and the time it took then to occur e.g. 18 beats in 15 seconds or 68 beats in 60 seconds.

Question 6   Tick as many boxes as apply.

Questions 7   Ask the pupils to think of a typical early evening show on a weekday such as 'Coronation Street' or 'Pet Rescue' and ESTIMATE how long the actual programme goes on for without the adverts

Question 10   We are asking for a best guess and do appreciate that this will be quite difficult for pupils to determine. A potion can be described as: -

FRUIT
- One piece of medium-sized fruit - e.g., an apple, peach, banana or orange.
- One slice of large fruit, such as melon, mango or pineapple.
- A few handfuls of grapes, cherries or berry fruits.
- A small handful of dried fruit.
- A glass (roughly 100ml) of fruit or vegetable juice.
- A small tin (roughly 200g) of fruit.

VEGETABLES
- A side salad.
- A serving (roughly 100g) of vegetables - e.g. frozen or mushy peas, boiled carrots or stir-fried broccoli.
- The vegetables served in a portion of vegetable curry, lasagne, stir-fry or casserole.

SWEETS
- One chocolate bar e.g. Twix, Mars
- One packet of sweets e.g. Fruit gums, Chewits
- Handful of loose sweets

CRISPS
- One 25/30g packet

In questions 8, 11 & 13 we are asking for their own personal opinion. It may be useful to stress that there is no 'right' or 'wrong' answer

Question 12   Ask pupils to be as honest as possible!
                  Sometimes – less than once a day
                  Frequently – more than once a day

Question 13   Your area is approximately within 5 miles of your school. Choose rank 1 to be the item of greatest threat and rank 5 to be the least threat in the individuals opinion.

If you need any help at any stage please either e-mail censusatschool@ntu.ac.uk or phone 0115 8484479