

| Question                             | Answer Type          | Contents / Length / Validation        | Code  |
|--------------------------------------|----------------------|---------------------------------------|---|
| Please choose your                   | Dropdown -           | County – Roll Number – School         | [Rollnumber] – new schools can be entered as 99999A               |
| School Roll Number                   | alphanumerical order | Name                                  |   |
| Please enter your                    | Textbox              | Alphanumerical,                       | [Username]  |
| Teacher's Username                   |                      | 20 character limit                    |   |
| Please enter the name of your School | Textbox              | Alphanumerical                        | [Schoolname]  |
| Q1. Are you female or                | Checkbox             | Male                                  | [Gender] M, F   |
| male?                                |                      | Female                                |   |
| Q2. a) Please state your             | Numeric textbox      | Number between 0 and 99               | [Age] 0 to 99   |
| present age in                       |                      |                                       |   |
| completed years.                     |                      |                                       |   |
| Q2. b) What year are you             | Dropdown             | 1 <sup>st</sup> year                  | <b>[Year]</b> 1, 2, 3, 4, 5, 6                                    |
| in at school?                        |                      | 2 <sup>nd</sup> year                  |   |
|                                      |                      | 3 <sup>rd</sup> year                  |   |
|                                      |                      | Transition Year                       |   |
|                                      |                      | 5 <sup>th</sup> year / first LC year  |   |
|                                      |                      | 6 <sup>th</sup> year / second LC year |   |
| Q3. In what county do                | Dropdown -           |                                       | [County_Live] ANT - Antrim, ARM - Armagh, CAR - Carlow , CAV -    |
| you live?                            | alphanumerical order |                                       | Cavan, CLA - Clare, COR - Cork, DER - Derry, DON - Donegal, DOW - |
|                                      |                      |                                       | Down, DUB - Dublin, FER - Fermanagh, GCO - Galway, KER - Kerry,   |
|                                      |                      |                                       | KID - Kildare, KIK - Kilkenny, LAO - Laois, LCO - Limerick, LEI - |
|                                      |                      |                                       | Leitrim, LGF - Longford, LOU - Louth, MAY - Mayo, MEA - Meath,    |
|                                      |                      |                                       | MON - Monaghan, OFF - Offaly, ROS - Roscommon, SLI - Sligo, TIP - |
|                                      |                      |                                       | Tipperary, TYR - Tyrone, WAT - Waterford, WES - Westford, WEX -   |
|                                      |                      |                                       | Wexford, WIK - Wicklow  |
| Q4. In what country                  | Dropdown -           | Ireland at the top                    | [Country_Born] Abbreviated country codes. IRL = Ireland, GBR =    |
| were you born?                       | alphanumerical order |                                       | United Kingdom  |



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| Q5. What is the Eircode     | Textbox         | Alphanumerical with 8 character | [Eircode]                   |
| of your school?             |                 | limit                           |                             |
| (Click here for Eircode     |                 |                                 |                             |
| <u>finder)</u>              |                 |                                 |                             |
| Q6. Which <b>one</b> of the | Checkboxes      |                                 | [Attribute]                 |
| following would you         |                 | Agility (Nimbleness)            | A1,                         |
| rather have?                |                 | Endurance (Stamina)             | Α2,                         |
|                             |                 | Speed                           | АЗ,                         |
|                             |                 | Skill                           | Α4,                         |
|                             |                 | Strength                        | A5                          |
| Q7. a) What is your         | Numeric textbox | Number between 90cm and 209cm   | [Height] 90 to 209          |
| height without shoes, to    |                 |                                 |                             |
| the nearest tenth of a cm   |                 |                                 |                             |
| Q7. b) What is the open     | Numeric textbox | Number between 6cm-39cm         | [Handspan] 6 to 39          |
| span of the hand you        |                 |                                 |                             |
| write with, to the          |                 |                                 |                             |
| nearest tenth of a cm?      |                 |                                 |                             |
| Q7. c) What is your         | Numeric textbox | Number between 100cm-399cm      | [Vertical_Reach] 100 to 399 |
| vertical reach, to the      |                 |                                 |                             |
| nearest tenth of a cm?      |                 |                                 |                             |
| Q7. d) What is the length   | Numeric textbox | Number between 12cm and 35cm    | [Foot_Length_R] 12 to 35    |
| of your right foot, to the  |                 |                                 |                             |
| nearest tenth of a cm?      |                 |                                 |                             |
| Q7. e) What is the          | Numeric textbox | Number between 11cm and 30cm    | [Wrist_R] 11 to 30          |
| circumference of your       |                 |                                 |                             |
| right wrist, to the         |                 |                                 |                             |
| nearest tenth of a cm?      |                 |                                 |                             |



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| Q8. a) What is your       | Numeric textbox     | Number between 22 and 250 beats  | [Pulse_Rest]              |
| resting pulse rate?       |                     | per minute                       |                           |
| Q8 b) Jog on the spot for | Numeric textbox     | Number between 22 and 250 beats  | [Pulse_Jog]               |
| 30 seconds and record     |                     | per minute                       |                           |
| your pulse rate again.    |                     |                                  |                           |
| Q9. In a normal week,     | Dropdown            | Days                             | [Eat_Meat]                |
| how many days do you      |                     | 0,                               | D0,                       |
| eat meat?                 |                     | 1,                               | D1,                       |
|                           |                     | 2,                               | D2,                       |
|                           |                     | 3,                               | D3,                       |
|                           |                     | 4,                               | D4,                       |
|                           |                     | 5,                               | D5,                       |
|                           |                     | 6,                               | D6,                       |
|                           |                     | 7                                | D7                        |
| Q10. What is your         | Radio buttons       |                                  | [Fav_Food]                |
| favourite food type?      |                     | Fruit/Veg,                       | VEG,                      |
| (Click here for food      |                     | Carbohydrates (bread, pasta)     | CARB,                     |
| <u>pyramid.)</u>          |                     | Dairy (milk, yogurt, cheese)     | DAIRY,                    |
|                           |                     | Protein (meat, eggs, nuts)       | PRO                       |
| Q11. How many             | Numeric textbox for | Number between 0 and 99 portions |                           |
| (handfuls) portions of    | each answer         | portions of fruit                | [Handful_Fruit] 0 to 99,  |
| the following do you      |                     | portions of vegetables           | [Handful_Veg] 0 to 99,    |
| regularly eat per day?    |                     | portions of sweets               | [Handful_Sweets] 0 to 99, |
|                           |                     | portions of crisps               | [Handful_Crisps] 0 to 99  |
|                           |                     |                                  | [e.iehe] o to oo          |



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| Q12. How many<br>millilitres of water do<br>you drink in a normal<br>day? (1,000 ml is a litre) | Numeric textbox                  | Number between 0 and 9,999 ml  | <b>[Water_ml]</b> 0 to 9999   |
| Q13. a) In what country<br>is the 2018 FIFA World<br>Cup taking place?                          | Dropdown -<br>alphabetical order | List of countries  | [WorldCup_Host]<br>See code list below  |
| Q13. b) In what month<br>will the 2018 FIFA World<br>Cup commence?                              | Checkboxes                       | January, February, March, April,<br>May, June, July, August, September,<br>October, November, December | [WorldCup_Month]<br>JAN, FEB, MAR, APR, MAY, JUN, JUL, AUG, SEPT, OCT, NOV, DEC |
| Q13. c) What country do<br>you predict will win the<br>2018 FIFA World Cup?                     | Dropdown-<br>alphabetical order  | List of countries  | [WorldCup_Win]<br>See code list below   |
| Q14. a) How many hours<br>per week do you spend<br><b>watching</b> sport?                       | Numeric textbox                  | Number between 0 and 99 hours per week   | [Sport_Watch_hrs] 0 to 99   |
| 14. b) How many hours<br>per week do you spend<br><b>playing</b> sport?                         | Numeric textbox                  | Number between 0 and 99 hours per<br>week  | [Sport_Play_hrs] 0 to 99  |



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| <ul> <li>14. c) If you play sport,</li> <li>rank the main motivating</li> <li>reasons for you to play</li> <li>sport.</li> <li>(1 being the most</li> <li>important and 5 least</li> <li>important to you)</li> </ul> | Ranking         | To have fun<br>To improve my skills<br>To win<br>To stay healthy<br>To exercise | <pre>[Sport_R1] = Ranked 1<sup>st</sup> Main Important Reason<br/>[Sport_R2] = Ranked 2<sup>nd</sup><br/>[Sport_R3] = Ranked 3<sup>rd</sup><br/>[Sport_R4] = Ranked 4<sup>th</sup><br/>[Sport_R5] = Ranked 5<sup>th</sup> Least Important Reason<br/>FUN,<br/>SKILL,<br/>WIN,<br/>HEAL,<br/>EXE</pre> |
| 15. a) In what year did<br>Irish women first vote in<br>a general election?   | Numeric textbox | Numerical 1800 to 2017<br>Limit 4 digits  | [Year_Vote] 1800 to 2017  |
| 15. b) In what year was<br>the first Irish female<br>cabinet member<br>appointed?   | Numeric textbox | Numerical 1800 to 2017<br>Limit 4 digits  | [Year_Minister_First] 1800 to 2017  |
| 15, c) In what year was<br>the second Irish female<br>cabinet member<br>appointed?  | Numeric textbox | Numerical 1800 to 2017<br>Limit 4 digits  | [Year_Minister_Second] 1800 to 2017   |



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| 16. a) What is the main  | Radio button         |                                     | [News]                         |
| way you keep up with     |                      | Newspaper,                          | N1,                            |
| the news/ media? (Select |                      | Television,                         | N2,                            |
| <b>one</b> only)         |                      | Magazines,                          | N3,                            |
|                          |                      | Social Media,                       | N4,                            |
|                          |                      | Internet                            | N5,                            |
|                          |                      | Radio,                              | N6,                            |
|                          |                      | Talking with my friends,            | N7,                            |
|                          |                      | Not interested in the news,         | N8                             |
|                          |                      | Other                               | N9                             |
| 16 b) Other, please      | Textbox              | Alphanumerical – 30 character limit | [News_Other]                   |
| specify                  | Alphanumeric         | Optional question dependent on      |                                |
|                          |                      | answering 'N9' to question 16 a).   |                                |
| 17. Mark on the scale    | Slide Scale for each | Left side is 'Do not Trust' (0) and | [Trust_NEWS] 0 to 1000,        |
| how much you trust each  | answer               | right is for 'Trust' (1,000)        | [Trust_TV] 0 to 1000,          |
| of the following:        |                      |                                     | [Trust_Magazine] 0 to 1000,    |
| Newspaper                |                      |                                     | [Trust_SocialMedia] 0 to 1000, |
| Television               |                      |                                     | [Trust_Internet] 0 to 1000,    |
| Magazine                 |                      |                                     | [Trust_Radio] 0 to 1000,       |
| Social Media             |                      |                                     | [Trust_Talk] 0 to 1000         |
| Internet                 |                      |                                     |                                |
| Radio                    |                      |                                     |                                |
| Talking with my friends  |                      |                                     |                                |



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| 18. If you could choose   | Textbox     | Alphanumerical – 40 character limit | [Live_Like] |
| to live like anyone for a |             |                                     |             |
| day who would it be?      |             |                                     |             |
|                           |             |                                     |             |