



15th October 2015

CensusAtSchool 2015 October 2015

Night Owl students catch up on sleep in the morning

CensusAtSchool is a non-profit making international project funded by organisations interested in promoting good use of statistics, mathematics and data handling. Ireland became involved in CensusAtSchool in 2009 when the Professional Development Service for Teachers (PDST), the CSO, Project Maths and the National Council for Curriculum and Assessment (NCCA) collaborated to set-up the Irish website www.censusatschool.ie

5,348 (1.5%) from an estimated 368,000 secondary school students completed the Phase 14 questionnaire of the CensusAtSchool survey between September 2014 and August 2015. The questionnaire covered a variety of topics ranging from how often students participated in family activities each week to the number of text messages they send daily.

Interesting findings from Phase 14 results:

- ◆ Students heading to sleep after midnight will on average get up more than 20 minutes later each morning than students who head to sleep before 9 o'clock. (See Chart 1)
- Responses indicate that female students in non-fee paying schools sent the highest average number of text messages (36 texts) on the day prior to completing the survey. In contrast, male students in fee paying schools sent half as many texts (18 texts). (See Chart 2)
- ◆ Just under half (44%) of male students imagine their future fame will be in a sports related area. The most popular choice for female students (27%) was in the field of entertainment. (See Chart 3)
- ◆ Data indicates that the price students pay for jeans rises as they progress through secondary school for both males and females. Female students paid an average of €21 for jeans when they are in 1st year. In contrast, 6th year female students paid on average €27 for a pair of jeans. (See Chart 4)
- ♦ Students were asked to indicate on a scale of 100 from "very" to "not at all" how they viewed their family with respect to a list of behaviours / events. The results of the questions can be seen in Chart 5.
- Over one fifth of students (22%) who have allergies indicated they were allergic to peanuts. Over half (51%) of students with allergies indicated their allergy was not one of the more popular allergy's listed in the questionnaire. (See Chart 6)

Chart 1 Students average (mean) wake up time classified by bedtime hour

Bedtime

After 12 midnight

11 to 12 pm

9 to 10 pm

Before 9 pm

Not stated

06:57 07:04 07:12 07:19 07:26 07:33 07:40

Wake up time

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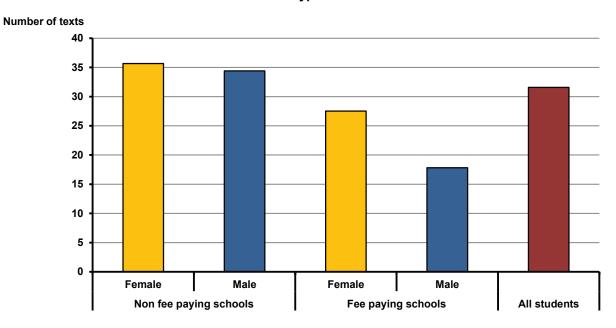
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Chart 2 Students daily average (mean) number of text messages, classified by school type and sex of student



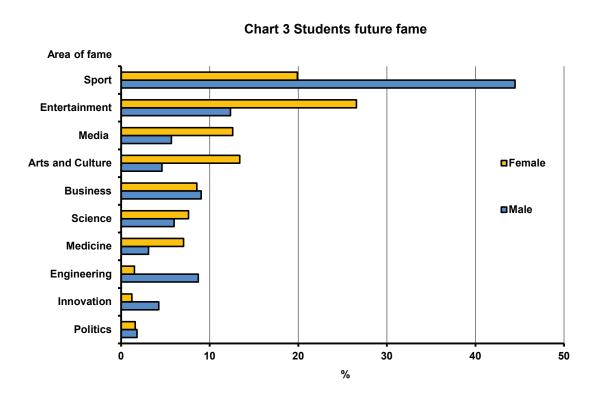


Chart 4 Average (mean) cost of jeans classified by school year

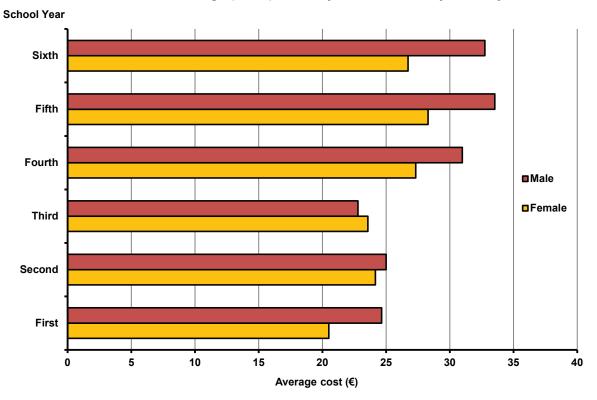


Chart 5 How students' view their families characteristics

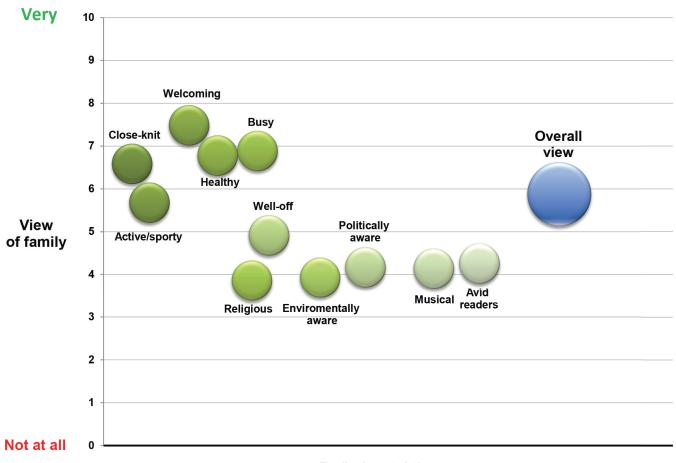
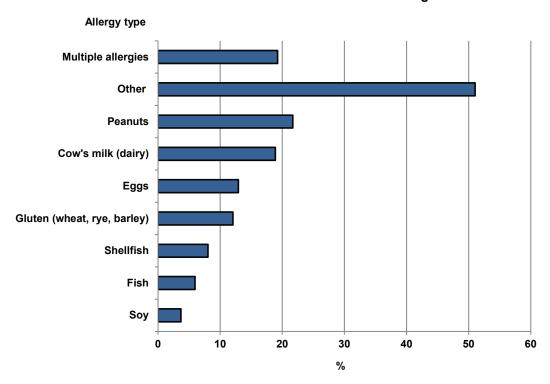


Chart 6 Student's food allergies



Central Statistics Office CensusAtSchool

Background Notes

About CensusAtSchools

The Royal Statistical Centre for Statistical Education (RSSCSE) started the CensusAtSchool project in 2000 in conjunction with the Office of National Statistics (ONS) in the UK. The project, originally a one-off, was linked to the UK population census of 2001. It has now developed into a dynamic, on-going and exciting initiative running in a number of countries.

Sample

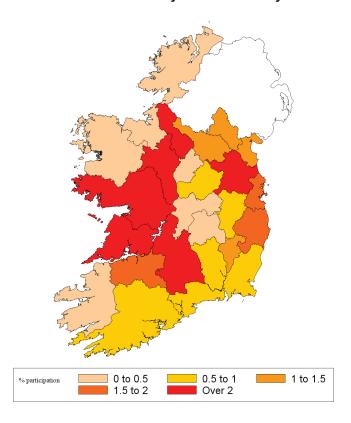
5,348 secondary school attendees from 155 secondary schools completed the Phase14 questionnaire of the CensusAtSchool survey between September 2014 and August 2015. Because the survey is voluntary and not part of a representative sampling process, the results of the survey are less reliable in providing inferences about the overall secondary school student population.

Questionnaire

The CensusAtSchool Phase 14 questionnaire and more results from the survey can be found on the CensusAtSchool website at http://www.censusatschool.ie/en/take-part/questionnaires

A data tool for examining CensusAtSchool data can be found at: http://datatool.censusatschool.org.uk/datatool.swf

Map 1. Student participation in CensusAtSchool Phase 14 questionnaire classified by school's county



Note: The map only includes survey response when the Roll number on the questionnaire response matched a school Roll number provided by the Department of Education and Skills.

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Census AtSchool	CensusAtSchool 2014/2015 Q	uestionnaire
1. Are you:	8. a) How many people live in your household (include yourself)?	12. Mark on the scale how you view your family.
Li Temale Li Male	Categorise into age groups.	Very No at ali
Please state your present age in completed years. years	0-12 years of age 13-24 years of age 25-36 years of age	Close-knit Active/sporty Welcoming
3. Please state the date and the month you were born in.	37-48 years of age 49-60 years of age 61-72 years of age	Healthy Busy Religious Well-off
4. What county do you live in?	73-84 years of age 85-96 years of age 97-108 years of age	Environmentally aware Politically aware Musical Avid readers
5. a) In what county/country were	8. b) How many of these are Female and how many are Male? Female Male	13. Which of the following food allergies do you have? You may tick more than one.
you born? 5. b) In what county/country was	9. In the last 7 days how many times have you and your family undertaken the following activities together?	None Cow's Milk (dairy) Eggs Peanuts Fish Shellfish Soy Gluten (wheat, rye, barley) (please specify)
your mother born? 5. c) In what county/country was	Sat down together for the main meal of the day Gone for walk/cycle/jog together Watched television together	14. Imagine it is 2035 + you are a very famous person. In what area do you think you will have achieved this fame? Select only one.
your father born? 6. Complete the following	Taken part in a social activity together, eg, family outing, theatre Listened to or performed music together Worked together, eg, family business, household chores,	Sport Politics Business Medicine Engineering Innovation Other Arts + Culture Entertainment (music, film, etc) Media (TV, Internet, journalism, etc) Science
measurements. Answer to the nearest tenth of a cm or shoe size Height (without shoes)	DIY, farming) 10. a) On a school day, what is your	(please specify)
Length of right footcm Length of left footcm	usual time to get up at? Use 24 hour clock	interest in the following: Very No at all
Vertical reachcm Open right hand spancm Open left hand spancm	10. b) On a school day, what is your usual bedtime? Use 24 hour clock	Irish politics European politics U.S. politics
Shoe size(EU) 7. What was the cost of the last pair		16. How many text messages did you send yesterday?
of jeans that you bought? Answer to the nearest euro.	11. What distance is your home from your school?	no. of texts

This resource is from the \textit{CensusAtSchool} project at $\underline{www.censusatschool.ie}$

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